

INTERNATIONAL GYMNASTICS SUMMER CAMP 2020

29 June-4 July, 2020

6 July-11 July 2020

GiB Siska Gymnastics Centre, Ljubljana, Slovenia

Dear Gymnastics friends,

The International gymnastics summer camp by GiB Siska Gymnastics Centre have great pleasure in inviting gymnasts and coaches from all over the world, to participate again in 6 days Training camp in Ljubljana, Slovenia – from 29th of June to 4th of July 2020 and/or 6th to 11th of July 2020.

This 2020 training camp edition offers an excellent opportunity to develop your knowledge and skills as gymnasts as well as for all Coaches taking part.

There will be international experts covering the camp as well as international gymnasts participating at the camp.

You're invited!



Learn how the Russian training system works!

This summer camp for WAG gymnasts aged 7-14 will be directed by renowned guest coaches:

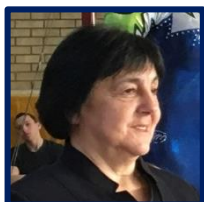
Alina Kozich – Merited Master of Sport of Ukraine and European All-Around Champion 2004. Alina brings years of experience from coaching on the staff of several national teams - Japan, Belarus and Hungary. Her background as a world-class athlete helps her relate to and inspire gymnasts.



Mikhail Voronin – Tumbling coach who works in the Zvenigorod gymnastics training centre in Russia where he coaches the women's and men's Russian National Team reserve gymnasts. His training sessions are always very positive and he teaches even the most complicated skills in a fun and interesting way.



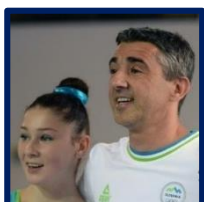
Siska's own coaches:



Liudmila Korolenko – Merited Coach of Ukraine, Honoured FIG Judge and coach of multiple Olympians and medallists at World and European championships and University Games and World Cups. She currently works with us here at GiB Siska in Slovenia where she shares her great expertise and experience.



Vesna Stare Crnjac – has been working as a coach at the GiB Siska since 1990. Since 1997, she has been a successful international judge in all major competitions. She was proudly judging the Olympic Games, Rio 2016 as an invited judge.



Ričard Crnjac - has been working as a coach in GiB Siska since 1992, and since 2002 he is also active as a coach in the Slovenian national team in women's artistic gymnastics in various categories. He is the coach of several national champions and winners of international medals.



Urban Sever - has been working as a coach at the GiB Siska. He gained his coaching experience as a coach of multiple national champions. He is the coach of the cadet team and the coach of several national champions.

You and your gymnasts will participate in daily, structured sessions accompanied by clinics covering topics such as how to build a warm-up, beginning and advanced pirouettes for uneven bars, core skill techniques on balance beam and more!

Enjoy training six days in one of Europe's most beautiful, unspoiled cities. Optional bus tours to Lake Bled or Postojna Caves are available.

Follow this link for more detailed information:

https://gib-sport.com/summer_gym_camp/.

We truly hope that you are going to take an active part in this International Camp in Ljubljana, Slovenia and contribute to this International gymnastic movement.

Looking forward to seeing you in Ljubljana!

With kind regards,

GiB Siska Gymnastics Centre, Ljubljana, Slovenia

GENERAL PROGRAMME:

Program will include training on all apparatuses, conditioning, dancing and trampoline park.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technical training 1	Technical training 1	Technical training 1	Technical training 1	Technical training 1	Technical training 1
Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
Technical training 2	Technical training 2	Technical training 2	Technical training 2	Technical training 2	Technical training 2
Lunch Time	Lunch Time	Lunch Time	Lunch Time	Lunch Time	Final Lunch & Award Ceremony
Technical training 3	Technical training 3	Free afternoon (optional tour)	Technical training 3	Technical training 3	Departures
Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	

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